

ESSENTIAL INFORMATION for ProAir® HFA

Instructions for taking a dose from your ProAir HFA inhaler:

Read through the 6 steps below before using ProAir HFA. If you have any questions, ask your doctor or pharmacist.

- 1 Take the cap off of the mouthpiece of the actuator (see Figure 1). **Shake the inhaler well** before each spray.
- 2 Hold the inhaler with the mouthpiece down (see Figure 2). **Breathe out through your mouth** and push as much air from your lungs as you can. Put the mouthpiece in your mouth and close your lips around it.
- 3 **Push the top of the canister all the way down while you breathe in deeply and slowly through your mouth** (see Figure 2). Right after the spray comes out, take your finger off of the canister. After you have breathed in all the way, take the inhaler out of your mouth and close your mouth.
- 4 **Hold your breath as long as you can**, up to 10 seconds, then breathe normally.
- 5 If your doctor has prescribed more sprays, wait 1 minute and shake the inhaler again. Repeat steps 2 through 4.
- 6 Put the cap back on the mouthpiece after each use of the inhaler, and make sure it snaps firmly into place.



When to replace your ProAir HFA inhaler:

- **Before you reach 200 sprays**, you should refill your prescription or ask your doctor if you need another prescription for ProAir HFA
- **Throw the inhaler away** when you have used 200 sprays. You should not keep using the inhaler after 200 sprays even though the canister may not be completely empty, because you cannot be sure you will receive any medicine
- **Do not use the inhaler** after the expiration date, which appears on both the canister and the packaging it comes in

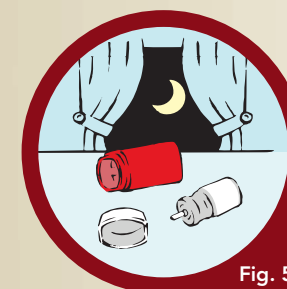
Visit www.ProAirHFA.com or call **1-888-482-9522** for additional support or information regarding the cleaning and operation of your inhaler.

How to clean your ProAir HFA inhaler:

It is very important to keep the plastic actuator clean so the medicine will not build up and block the spray. Do not try to clean the metal canister or let it get wet. The inhaler may stop spraying if it is not cleaned correctly. Wash the actuator at least once a week.

Cleaning instructions:

- 1 Take the canister out of the actuator, and take the cap off of the mouthpiece.
- 2 Wash the actuator through the top with warm running water for 30 seconds (see Figure 3). Then wash the actuator again through the mouthpiece (see Figure 4).
- 3 Shake off as much water from the actuator as you can. Look into the mouthpiece to make sure any medicine build up has been completely washed away. If there is any build up, repeat the steps shown in Figures 3 and 4.
- 4 Let the actuator air dry completely overnight (see Figure 5).
- 5 When the actuator is dry, put the canister in the actuator and make sure it fits firmly. Shake the inhaler well and spray it twice into the air away from your face. Put the cap back on the mouthpiece.



If your actuator becomes blocked: Wash the actuator as described in the “How to clean your ProAir HFA inhaler” section above. Blockage from medicine build up is more likely to happen if you do not let the actuator air dry completely.

If you need to use your inhaler before the actuator is completely dry, shake as much water off of the actuator as you can. Put the canister in the actuator and make sure it fits firmly. Shake the inhaler well and spray it twice into the air away from your face. Then take your dose as prescribed, and clean and air dry the actuator completely.

If you need to use your ProAir HFA inhaler more than twice a week, ask your doctor about using a controller medication.

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